

# Essential Oils and Pets



**New Perspectives  
on Practical and  
Everyday Uses**

**Healthy, Wealthy & RISE**  
**April 23-24, 2015**

***with Sandy Rakowitz***  
***Animal Communication &  
Holistic Practices Coach***

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# **Essential Oils and Pets: *New Perspectives on Practical and Everyday Uses***

- 1. The What, Where, And How of Using EO's for  
Everyday Life with Animals  
-Methods, Oils, Issues with Dogs, Cats, Horses through  
Birth, Life & Pet Hospice**
- 2. Doggy Demonstration - Let's See EO's In Action!**
- 3. New Perspectives: EO's as a Doorway for  
Communication Enhancement with your Animals**

***You will get this entire PPT as One of Your Free Gifts along with  
Handouts - [www.OneHeartHealingCenter.com/rise-april-2015](http://www.OneHeartHealingCenter.com/rise-april-2015)***

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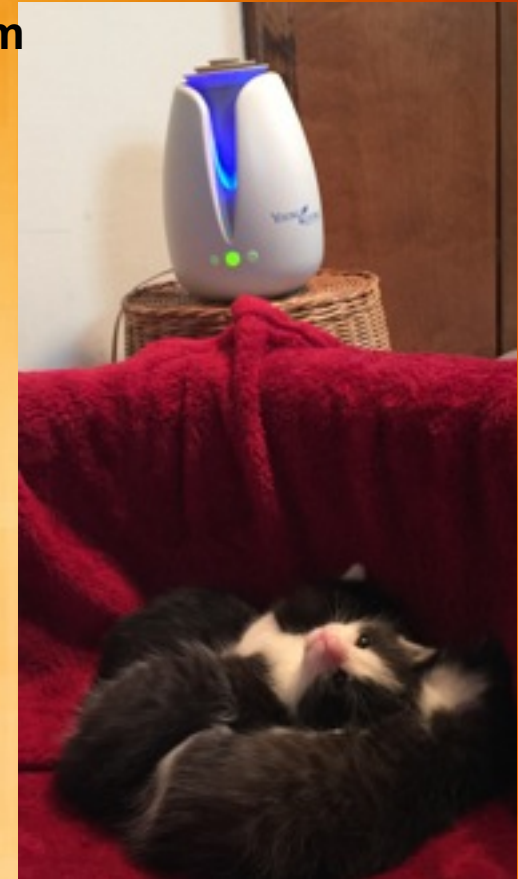
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# The What, Where, And How of Using EO's for Everyday Life with Animals Methods of Application

## Aromatic Diffusion - Open or closed room

### 1. Mechanical - mobilizing EO particles in air

- Air Diffusers/ Neat - Thera Pro
- Water Based Diffusers
- Spritzers
- Not Heating!



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**The What, Where, And How of Using EO's for  
Everyday Life with Animals  
Methods of Application**

## **2. Aromatic Diffusion**

- **Passive**

- \* Cotton Balls
- \* Tissues
- \* Blankets, Cars
- \* Human diffuser
- \* Other pets as diffusers
- \* Litteroma & Litter Box Care: EO's and Thieves Cleaner
- \* Kennel, Barn, House, Floor, Wall Care: Thieves Cleaner

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## Methods of Application Topical

- **Direct Application**
  - Petting
  - *With Massage, TTouch, Cranial Energy based methods, Acupuncture, Acupressure, RDT*
  - *Liniment - Ortho Ease*
- PAWS - I used to do this...BUT...  
Think of these things:
  - Pets with foot sensitivities
  - Not liking wet on their skin
  - There are more readily accepted ways



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## Methods of Application **Non-Traditional - Topical**

- **Wading or Swimming Pools, Ponds, Soaking Water, Aquariums**
  - Soaking in through hair, skin
  - Goose's soaking water
  - Horse's hooves
  - Dog Baths
  - Horse's summer sponge baths with lavender, peppermint
- **Animal Scents Shampoo, Ointments, and Other Products**
  - Grooming - EO on brush for muscles; Lemon on nails to soften!
  - Add Needed EO like Copaiba, Frankincense, for additional benefits
- **SEE HANDOUT: "5 Topical Water Tips for Using EO's with Your Animals"**  
*One of your Free Gifts - Get Your Handouts Here:*
- **[www.OneHeartHealingCenter.com/rise-april-2015](http://www.OneHeartHealingCenter.com/rise-april-2015)**

# Methods of Application Internally - Water

- **Add to Drinking Water - CAREFULLY**  
**(Refer to ADR\* for Amounts)**
  - Monitor they are still drinking!
  - Concentration: Tiny amounts - start with a toothpick dipped
  - No Hot Oils
  - A Goose had Copaiba in his Foot Bathing, Dunking Water
  - My Horses get Lemon or Peppermint in Water Trough
  - Cats generally do not like EO's in their water

- ADR\* - Animal Desk Reference - Dr. Melissa Shelton, DVM

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## Methods of Application Internally - Food

- **Adding to Foods - Taste Dependent**  
(Refer to ADR\* for Amounts)
  - Monitor they are still eating!
- **Concentration**
  - Tiny amounts - Start with a toothpick dipped
  - No Hot Oils
  - My Dogs & Horses routinely have Peppermint, Lemon, Frankincense, Copaiba, DiGize, Ginger, Longevity mixed in food
- **I Use YL Oil Enhanced Supplements with Dogs, Cats, Horses - NRJ, BLM, Sulferzyme, Mineral Essence, K & B Tincture, MultiGreens**
  - ADR\* - Animal Desk Reference - Dr. Melissa Shelton, DVM

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## Methods of Application

# Internally - Oral Administration

- Consult with a Vet who uses YL EO's for ill animals

### Some Methods for Oral intake

- Via Capsules
- Cats via grooming off body
- Via Carriers like Coconut Oil Balls, Agave, Ninxgia Red Juice
- Licking off hand - By their choice only
  - The most popular I've seen:
    - dogs lick peppermint, Valor
    - Horses - peppermint, ginger, Valor, Canadian Red Cedar!

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## The What, Where, And How To Use EO's for Everyday Life with Animals Purity

- Who's heard cautions about using EO's with animals?
- What is this about?
- On Cats, and other animals - Why Purity Matters
- There is an abundance of poor quality, contaminated, synthetically created oils.
- **Dr. Shelton, DVM** states about Melaleuca Alternifolia: "It is true that poor quality Melaleuca Alternifolia has indeed killed cats." p 120 ADR\*
- Many YL Blends contain Melaleuca Alternifolia that are regularly used with dogs, cats, horses: PuriClean, Animal Scents Ointment, Melrose, Purification, and Rose Ointment.
- View YL Video "From Seed To Seal"

\* ADR - Animal Desk Reference, Dr. Melissa Shelton, DVM

The What, Where, And How To Use EO's for Everyday Life with Animals  
**Where to Get Started**

**Start Living Kit for Pets & People**

- **Lemon** - Cleaning - Calm Dogs; Toe nail trims
- **Valor** - Balancing, Self Empowering, Courage, Chiropractor in a Bottle
- **Peppermint** - Temperature, Focus, Skin Health, Comfort Level
- **Lavender** - Stepped on; Skin Health; Muscle Comfort; Layering Together
- **Purification** - Animal Odors; I've used on Cats Cat Bites, has Melaleuca Alt., Citronella
- **Peace & Calming** - the name says it all; Pups
- **Pan Away** - It's in the Name; Spritzers, Fly Spray/spritzers
- **Thieves** - Bug & Fly Spray; Skin Care with Aloe
- **Stress Away** - Best Friend for Multi-Animal Houses! + Copaiba
- **Frankincense** - medicine, beauty, emotional support, embalming, and many recipes. If It was good enough for Christ - I'm in!
- **Layering oils together;** Frankincense-Lavender-Peppermint; Lavender-Peppermint; Thieves & Peppermint

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# Doggy Demonstration Let's See EO's In Action!

*“Anything that we are aware of at a given moment forms part of our consciousness, making conscious experience at once the most familiar and most mysterious aspect of our lives.”\**

\* Susan Schneider and Max Velmans (2008). “Introduction”. In Max Velmans, Susan Schneider. *The Blackwell Companion to Consciousness*. Wiley

The What, Where, And How To Use EO's  
for Everyday Life with Animals

## **Animal Scents Care Collection**

**6 EO's Ready to use EO blends with animals**



- **1) PuriClean™** - Supports topical cleansing. 8–10 drops in 1-oz. spray bottle - distilled water for **skin-cleansing** spritz.  
  
**Contains:** Caprylic/capric glycerides - If in Doubt, Dilute with V-6 or Coconut Oil
- Cistus, Citronella, Lavandin, Lavender, Lemongrass, Melaleuca Alternifolia, Mountain Savory, Myrtle, Palo Santo, Patchouli, Rosemary
- **Similar to Popular YL Purification Blend:** Citronella, Lemongrass, Lavender Rosemary, Melaleuca alternifolia and Myrtle essential oils.

**(You get the entire PPT as One of Your Free Gifts)**

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## **Animal Scents Care Collection**

2) **Mendwell™** - Massage 1–2 drops on the affected area.  
If in Doubt, Dilute with V-6, Coconut Oil, or other pure vegetable oil  
Wide ranging emotional, behavior, physical well-being properties

• **Contains:**

- Caprylic/capric glycerides** If in Doubt, Dilute with V-6 or Coconut Oil
- Geranium, Lavender, Hyssop, Myrrh, Frankincense, Hinkoki**

**Similar to YL Egyptian Gold:** Frankincense, lavender, Idaho balsam fir, myrrh, spikenard, hyssop, cedarwood, rose, and cinnamon essential oils.

## Animal Scents Care Collection

3) **ParaGize™** - Add 2–4 drops to water, food or topical

- Promotes healthy digestion

If in Doubt, Dilute with V-6, Coconut Oil, or other pure vegetable oil

**Contains:**

- Caprylic/capric glycerides,  
Anise, Fennel, Ginger, Juniper, Lemongrass, Patchouli, Peppermint, Rosemary,  
Tarragon, **Spearmint, Cumin**

**Similar to well loved Digestive Support Blend DiGize:**

Anise, fennel, ginger, juniper, lemongrass, patchouli, peppermint, tarragon

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## Animal Scents Care Collection

**4) Infect Away™** - Add 1–2 drops to the affected area to support proper healing. 8-10 drops in 1-oz. spray bottle - distilled water **support wound-healing properties.**

If in Doubt, Dilute with V-6, Coconut Oil, or other pure vegetable oil

- Caprylic/capric glycerides;  
Myrrh, Patchouli, Dorado Azul, Palo Santo, **Ecuador Oregano**, Ocotea

**5) RepelAroma™** - 2–4 drops for Petting on Fur.

Add to spray bottle, spritz animal's coat or skin.

Diffuse to keep pests away in home or small areas outdoors.

If in Doubt, Dilute with V-6, Coconut Oil, or other pure vegetable oil

- Caprylic/capric glycerides  
Citronella, Idaho Tansy, Palo Santo, Melaleuca Alternifolia

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## Animal Scents Care Collection

6) **T-Away™** - 1 drop behind each ear to **during times of grief or agitation**  
**Supports a new level of emotional freedom and joyful feelings.** Diffuse, Topical  
If in Doubt, Dilute with V-6, Coconut Oil, or other pure vegetable oil

Caprylic/capric glycerides, Royal Hawaiian Sandalwood, Frankincense, Valerian, Black Spruce, Davana, Lavender, Geranium, Helichrysum, Citrus Hystrix, Rose, Tangerine, Ylang Ylang, Orange, Angelica, Hyssop, Spanish Sage, Coriander, Bergamot, Lemon, Jasmine Absolute, Roman Chamomile, Palmarosa, Patchouli, Blue Tansy, Ruta, German Chamomile

Same ingredients of Trauma Life/ This color has Additional Oils

Trauma Life has been one of my “Go To” oils with animals, T-Away is fast becoming favored!

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## **New Perspectives: Oils as a Doorway for Communication Enhancement with Your Animals**

Experience of what it is like  
for your animals to be touched -

Connecting with the Oil as gift,  
and sacred part of nature

Handled with oils to bridge  
you to another level of connection  
and bond with your animals



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The What, Where, And How To Use EO's  
for Everyday Life with Animals  
**Enhancing Health & Wellness**

- **Vet Visits & Other Scary Places:**
  - **Viognier**; 13 yr old German Shepherd; Acupuncture Tx Stress  
- Repeated Applications of Valor
  - **Silly**; 4 yr old mixed breed; Refusal to get out of car, Vet Terror  
- Daily Valor & Trauma Life (T-Away), Before Car Ride, At Vet
  - **Ibis**; 20 + horse; Dentist visit; Agitation & Upset  
- 20 min. before visit & vet arrival, Valor, P&C, RutaVaLa

(Upcoming Webinar 4/27/15 7 Common Ways Stress Effects Your Animals... The Surprising Consequences & Why You Need To Know This!)

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## **Team Work with Cancer: Layers of Care Case Study - Viognier**

- **Viognier, 9 yr old GSH client referral, Lymphoma, 3 months to live diagnosis**
- **Weak, poor coat, not interested in much, diarrhea, not playing**
- **Diet changes, TTouch, Essential Oils, Referral to Holistic Vet**
- **Created a Team: Myself, Holistic Vet, Homeopathic Vet, Traditional Vet**
- **Lived 3, Good Quality Years vs. 3 mo.**
- **Team Visits using TTouch, Oils, Acup. with Vet, Client and myself. Vet techs in office now using Oils.**



*Viognier @ 12 yrs.; 3 yrs after diagnosis.  
Just after Vet Acupuncture Tx.*

*See HANDOUT - 3 Tips for “Creating a Holistic Healing Support Team”*

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## **Foundation To Support Immune Health Layers to Create Holistic Care**

- **Start with small changes in diet, clean it up**
- **Eliminate Household toxins; Changeover products - (*See HANDOUT on “Top Thieves Cleaner Tips & Recipe for Home, Stable & Kennel”*)**
- **Consult ADR, EODR, Vet familiar with YLEO**
- **Supplements**
- **Enzymes**
- **Water Diffusion**
- **Raindrop Technique regularly for Physical & Emotional balance**
- **Petting with Oils**
- **Internal uses; food, water**

*See Upcoming 2 day Educational, Hands-On Retreat Using EO's with Animals*  
*Get more info: [www.OneHeartHealingCenter.com/rise-april-2015](http://www.OneHeartHealingCenter.com/rise-april-2015)*

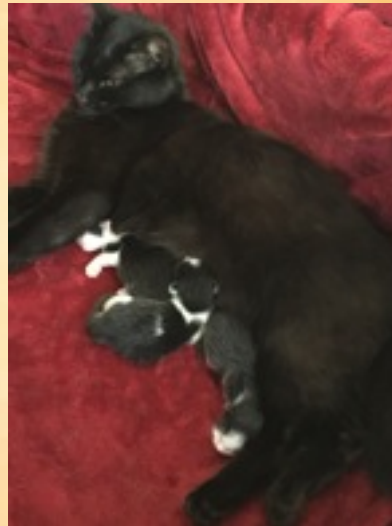
**Team Work with Cancer: Layers of Care  
Sample - YL Essential Oils and Supplements**

- **Range of YL Oils we used with Viognier (Partial List)**
- **Rotated use of 3 oils every 2-3 days**
- **Frankincense, Sacred Frankincense, Idaho Balsm Fir, Lavender, Sandalwood, Juniper, Cloves, DiGize, Peppermint, JuvaCleanse, PanAway, Lemongrass, Copaiba, Cypress, Weekly Raindrop**
- **YL Supplements we used with Viognier (Partial List)**  
Ningxia Red Juice, MultiGreens, BLM, Sulferzyme, K&B Tincture

The What, Where, And How To Use EO's  
for Everyday Life with Animals

## Healthy & Happy Births with EO's

- Diffusing, Petting and then Ingests Topical
- Valor, Sacred Frankincense



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**The What, Where, And How To Use EO's for Everyday  
Life with Animals**

**Senior Support**

- **Ibis, 33 yr. old TB - still galloping!**
- **Diagnosed Arthritis in back, neck, knees**
- **Chiropractic Vet sees a difference with, and without oil use**
- **Weekly Raindrops supplemented with:  
Juniper, Black Pepper, Rosemary,  
Frankincense, Copaiba**
- **Daily K & B Tincture**
- **Ningxia Red Juice**



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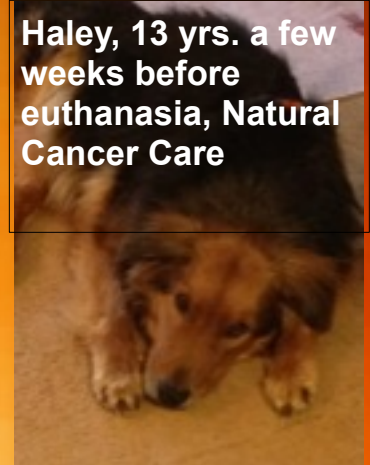
**The What, Where, And How To Use EO's  
for Everyday Life with Animals  
Pet Hospice**

**Sunny, 37 yr. Birthday party, 5 days before died, Naturally**



**Enhancing Quality of Life  
& Peaceful Passages  
with Essential Oils**

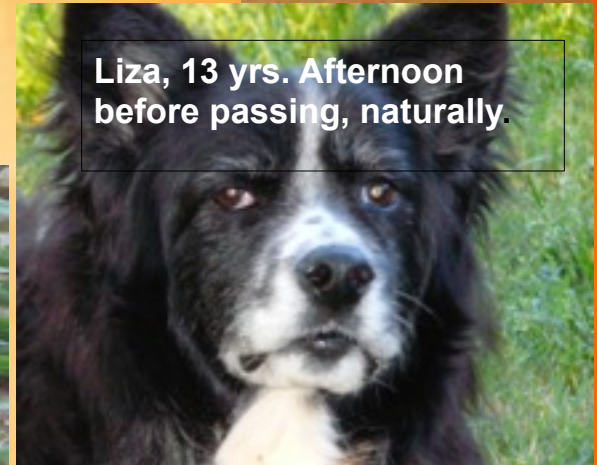
**Haley, 13 yrs. a few weeks before euthanasia, Natural Cancer Care**



**Scarlett, 18 yr. week before passing naturally**



**Liza, 13 yrs. Afternoon before passing, naturally.**



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**What's Next,  
Where to Go From Here  
Using EO's with Animals?**

**Get Your FREE GIFTS**

**Essential Oils & Animals  
from Sandy Rakowitz**

**Power Point, & Handouts**

**"Commune With Your Animals" Kit with....**

- 5 Easy Steps to Commune-i-cation with Your Pets e-Book
- Commune & Rejuvenate Audio Meditation with Your Pets
- 5 Quick Start Tips To Get In Place First with Your Pets
- Animal Wisdoms Holistic Tools, Tips & Updates e-Newsletter

**Get Your FREE Gifts Here...**

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**>>See me For EO's & Pet Hospice Workbook/CD**

# Get On Board

## Upcoming Classes

with Sandy Rakowitz

### **FREE WEBINAR - MONDAY April 27, 2015**

**7 Common Ways Stress Impacts your Animals,  
The Surprising Consequences...and Why You Need to Know!**

Unlock secrets to your animal's stress, so you can have a peaceful, calm, relaxed, more harmonious animal, and household.

### **Holistic Wellness Training Series ONLINE May 12-June 2**

#### **Jitter Busters For Pets**

Natural Approaches for your "Fraidy Cats," "Fearful Fido's," & Horses with "Heebie-Jeebies" *Save The Dates!*

### **2 Day Rejuvenating & Educational Retreat**

**Essential Oils & Animals ~ August 1, 2 ~Virginia~*Save The Dates!***

Learn How to Use Essential Oils with Horses, Dogs & Cats at Sandy's farm. Hands on practice with animals & pampering for you!

### **AWAKEN 2 Day Animal Communication Training**

Learn Animal Communication ~ October 3 & 4 ~ Virginia  
Develop Your Intuitive & Psychic Skills ~ *Save The Dates!*



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