



**Activating Your Wise Wild
Heart & Soul Connections
GUIDEBOOK**

S A N D Y R A K O W I T Z



Welcome beautiful, luminous soul,

Thank you for joining in on this journey together as part of the BBSH-BBIRH Global Meditation Initiative.

Activating Your Wise Wild Heart & Soul Connections with Humanity & Animals is intended to provide an awakening into a deeper conscious awareness.

Please Invite Your Animals to join us in this activation. They love to listen and participate in these initiatives together!

The Wise Wild Activation Guides are saying to you now, “We are here with you cheering you on. We see you. We hear you. We believe you. We believe in you.

You are the unique and special being of your soul reconnecting with the infinite love of creative bliss. Know that these connections go far deeper than your human existence. You are a Soul living in a human body, and in animal body. Know the depths of the Love you are capable of experiencing that is possible.

This is you remembering. This is an Activation of Your Wise Wild Heart & Soul Connections with Animals & Humanity, Individually, and Collectively.”

~ The One Heart & Soul Collective of Light Beings

Sandy Rakowitz



ABOUT THE GUIDEBOOK...

This guidebook is designed to be a guide with journal prompts to support your journey in this activation. The purpose is for you to have an easy place to bring your thoughts, dreams, connections through your mind and hands, onto the page.

Writing and doodling can help access your soul in connection with animals and humanity as consciousness. These prompts combined with the activations can more readily open your intuition, heart, and mind, calm nerves, tap into the spaciousness of your creative nature and receive Soul Activated Messages, just for you.

**To Your Heart and Soul Connections
with Animals, and Humanity,**

Sandy Rakowitz



COMMUNING WITH THE WISE WILD WITHIN



The Wise Wild One Inside is the unique and special being of your soul, desiring to be unleashed, unbridled to be seen, heard, felt, understood.

Write - doodle - Who is this Wise Wild One Within?

What is this Wise Wild one like? How do they show themselves?



WRITE - DOODLE

What are the messages for you today from the
freedom of Wise Wild?

What is the Wildness desiring to come forward in your life
- and with animals?

WISE WILD'S LOVE LETTER TO YOU



Write a Love Letter from Your Wise Wild Self
to Your Heart

ABOUT SANDY RAKOWITZ



Sandy Rakowitz discovered an unspoken, intuitive language of trust, safety and rapport with horses as a youngster.

This connection continues to inspire her life's work tapping into universal consciousness for empowering heart and soul transformation with people & animals.

She guides people to tap into this intuitive language so they too can lead their lives from their own unique gifts, strengths and dreams, creating extraordinary lives.

She's an empowering, multidimensional, inner Transformation Guide, Coach, Artist, Author, Akashic Consultant, Animal Communicator and masterful Energy & Consciousness Transformation Leader.



To work together with Sandy in
Privates
in the Transformation Group
or classes go to:
www.OneHeartUniversity.com