## Sandy Rakowitz



Founder & Spiritual Director

Studies show that pets positively influence our health and well-being. Anyone who has a pet will also tell you this is true! What about the reverse though? Are our pets health and well-being influenced by us? Let's explore these connections and key ways that you can be an increasingly positive influence for your beloved animals & how that will result in an even better quality of life for yourself.

Rakowitz is the founder and Spiritual Director of One Heart Healing Center for People & Animals. She is an animal communicator and holistic hands on practitioner who offers new perspectives with problematic behaviors, health, and stuck issues for you, and with your animals. As a practitioner for close to 30 years she has extensive training in Animal Communication, Brennan Energy Healing, Tellington Touch and other cutting edge methods. She offers creative and proven solutions for encouraging calm, confident and courageous animals, while you develop practical skills, intuition, and develop your bond together.

100% of Donations Collected Go To:



Opening Homes & Hearts to Homeless Pets in SLO County since 1955

805.543.9316

SPIRIT WINDS

physical therapy for the body, mind, and spirit

therapy for the body, mind, and spirit

therapy

Presents...

A FREE Educational Evening with

Sandy Rakowitz

## **Pet Connections**



How Our Pets Reflect Our Health and Well-Being

<u>Tuesday August 1st, 2017</u> <u>6:15-7:30pm</u>

Please RSVP at 805-543-5100 1422 Monterey St. Suite C-102, SLO

Spirit Winds Physical Therapy.....
"Enhancing your health"

Spirit Winds Physical Therapy 1422 Monterey Street, C-102 San Luis Obispo, Ca 93401

> «First Name» «Last Name» «Address» «City», «State/Province» «ZIP/

## Pet Connections: Reflections of Health & Wellbeing



## Sandy Rakowitz

Help us Help our planet

Write **return to sender** on this mailer if you wish to be taken off our mailing list or contact us to get on our **email list.** Thank you!